

# As above, so below ...



## By Lorraine Haven

**I'm often asked questions about astrology, such as 'How does it work?' and 'Is it based on science?' A common confusion is around whether astrology and astronomy are the**

**same thing. Before all the scientists fall off their chairs, I'll start this month by explaining the difference.**

### **Astrology vs. Astronomy**

Astrology is the study of the cyclical movements and relative positions of celestial bodies, particularly the Sun, Moon and planets of our Solar System, and how they can influence people and events on planet Earth.

Astronomy is the study of all phenomena in space. Science is applied to explain the origins and behaviours of celestial bodies, not only in our galaxy but the universe as a whole.

### **Is Astrology scientific?**

The big difference is that astronomy is science-based, whereas astrology is considered a divinatory belief-based system. However, if we consider the 'interconnectedness of all things', the philosophical belief that everything in the universe is connected and interdependent, meaning that all living and non-living things are linked and their

actions impact one another, astrology starts to make sense. The concept that nothing exists in isolation and that we are all part of a larger, unified system, means that the correlation between planetary energy and human behaviour/expression describes fundamentally how astrology operates. The microcosm reflecting the macrocosm, or, as described in ancient Hermetic text, 'as above, so below'.

Other questions include "Do you really believe in all that stuff?" and 'What about free will?'

I'll have a stab at answering these too

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I'm not sure 'believe' is really the right word. I have studied astrology and practiced it for many years. It is rather a cosmic 'language' than a belief, it is based on mathematical workings, sound principles and on a learned, complex, symbolic system.

And we all have free will. If the birth chart is a symphony, it is up to us how we play it. With

enthusiasm, loudly, and with full orchestra or without effort, not practicing enough and without tuning our instruments.

Astrology is a wonderful tool for understanding who we are meant to become. To find out more, why not call or drop me an email?

**I look forward to hearing from you.**

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