

Still at Home and Still Themselves. *That's the Goal.*



Out in Foston, Sedgebrook and Skillington, life moves at its own pace. These are the kinds of villages where people put down roots and mean it — where the same family might have farmed the same land for generations, where the view from the kitchen window has been the same for fifty years, and where home isn't just a building. It's everything.

So when an older person living in one of these quieter corners starts to struggle, the idea of leaving — of giving all that up — can feel unthinkable.

It doesn't have to come to that.

Live-in care is something many families haven't considered, simply because they didn't know it was an option. The idea is straightforward: a dedicated, professional carer comes to live in the home, providing round-the-clock support while the person stays exactly where they want to be. In their own bedroom. With their own routines. Looking out at their own garden on a warm July evening.

For families with a loved one living alone in a rural village, these summer months can quietly reveal how much support is actually needed. Perhaps you've noticed your mum is less confident moving around the house than she was. Perhaps your dad — who has always been fiercely self-sufficient — has started leaving things unfinished, or seems anxious in a way he didn't before. Perhaps you've realised that the gap between your visits feels uncomfortably long, and that anything could happen in between.

These aren't small worries. And they deserve a real answer, not just reassurance.



Live-in care means someone is always there. Overnight. At mealtimes. If something goes wrong at two in the morning in Skillington, there's no wait, no 999 call for something that isn't an emergency — there's just a calm, familiar person who knows your loved one and knows what to do.

It also means families can breathe again. You stop visiting out of anxiety and start visiting because you want to. That shift matters more than most people realise until they've experienced it.

If you're at that point where you know something needs to change but you're not sure what, please talk to us.

Call 01476 833168 or visit rightathome.co.uk/grantham-newark. We're local, we understand, and we're ready to help.

Right at Home Grantham & Newark — care for a life you love.



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