

Does Someone You Love Need a Little Extra Help This Summer?



There's something quietly special about this time of year in our villages. Whether you're walking past the churchyard in Barrowby, along the riverside path at Farndon, or through the grounds near Belton House, summer in this corner of Lincolnshire and Nottinghamshire has a gentle rhythm to it. Longer evenings, neighbours chatting over garden fences, the smell of something good being cooked.

But for some families in our community, these warmer months bring a different kind of worry.

Perhaps you've noticed your mum seems a little less steady on her feet. Or your dad - fiercely independent his whole life - has started leaving the hob on, or forgetting faces he'd never have forgotten before. Maybe you live in Collingham or Coddington, busy with work and family, and you visit as often as you can, but deep down you're wondering: is it enough?

These moments are some of the hardest a family can face. The question of whether a loved one needs support often creeps up slowly - and many people put off asking for help far longer than they should.

At Right at Home Grantham & Newark, we're a local team - we know these roads, these villages, and the communities that make them what they are. We provide care that's built around the person, not a schedule. Whether that's helping someone get dressed and have a good breakfast in Great Gonerby, a friendly face calling in for a chat in Manthorpe, or specialist support for someone living with dementia in Colsterworth - we're here for all of it.



Some signs it might be time to have a conversation: your loved one is struggling with daily tasks they once managed easily; they seem more confused, anxious, or withdrawn; or you, as a family member, are running on empty trying to do it all.

You don't have to figure this out alone. A short, no-pressure conversation with our team is a good place to start - and it can make an enormous difference.

Book your free consultation with Right at Home Grantham today at 01476 833168 or visit www.rightathome.co.uk/grantham-newark. Get the support your family deserves tailored, local, and life changing.



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