

Most families don't set out to "arrange care." They set out to protect someone they love.

You notice the small things first. Meals skipped. The house not quite as tidy. Clothes worn a little longer than usual. Then the bigger worries creep in: Are they eating properly? Are they safe in the shower? Are they lonely when no one's there?
Home care exists for this exact moment.

The right care doesn't take independence away. It **protects it**. It allows your loved one to stay in the home they know, surrounded by their memories, routines, and community—while quietly filling the gaps that have become harder to manage alone.

At Right at Home, everything starts with dignity.

Personal care is delivered respectfully, at your loved one's pace, in the way they choose. Whether that's help with bathing, dressing, or simply being nearby for reassurance, our carers follow carefully built care plans that protect privacy and preserve confidence.

Food and nutrition are often where decline begins. We support with shopping, meal preparation, and special diets—making sure meals are not just eaten, but enjoyed. Proper nourishment changes energy, mood, and resilience.

A safe, calm home matters more than people realise. Light housekeeping keeps spaces clean and organised, reducing stress and lowering the risk of falls—without taking control away from your loved one.

But what families tell us matters most is **companionship**.



Loneliness is quiet, but it's powerful. Our carers don't just "visit." They build relationships. Shared conversations. Walks. Outings. Familiar faces who show up consistently. Care feels human, not transactional.

And when it comes to **medication**, we provide trained, vigilant support—ensuring medicines are taken correctly, safely, and on time, with issues spotted early.

If you're reading this, you're already caring deeply.

The next step isn't complicated.

It's a conversation.

Call Right at Home on
01476 833168.

Let's talk about how to keep your loved one safe, supported, and at home—where they belong.



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