

Eight Years of Smiles

Life as a Dental Nurse at the Maltings Dental Practice

By Stacey Beardsley

This year marks eight years since I qualified as a dental nurse, and looking back, I can honestly say it has been one of the most rewarding journeys I could have chosen. Dental nursing is far more than assisting in treatments, it is about teamwork, trust and helping people feel confident in their smiles every single day.

One of the biggest reasons I still love my job after nearly a decade is the person I work alongside. The dentist I work with is not just a colleague but someone I proudly call one of my best friends. When you work with someone who understands you, supports you, and shares the same passion for patient care, work never really feels like work. There is a natural rhythm and trust that develops over time. Often, we know exactly what the other needs without even speaking. That strong partnership makes a huge difference for patients too. A relaxed, happy team creates a calm environment and patients quickly pick up on that. Whether it is reassuring a nervous patient, helping a child through their first appointment, or supporting someone through more complex treatment, working alongside a friend allows us to give our best every day.



Over eight years, I have learned that dental nursing is a role that constantly evolves. From maintaining strict infection control standards to preparing equipment, assisting chairside, and offering oral health advice, every day brings something different. The job requires organisation, compassion, and attention to detail, but it also offers endless opportunities to learn and grow.

What I value most about this career is the balance it brings of professionalism combined with genuine patient connection. Working alongside someone who feels more like family than a colleague makes even the busiest days enjoyable. We support each other, laugh together, and celebrate the small wins, whether that is a successful treatment or simply making a patient smile.

Eight years on, I still feel proud to be a dental nurse. It is a career built on teamwork, care, and community, and when you get to share that journey with a close friend, it truly becomes something special.

A Proud Maltings Dental Nurse

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